

## **VACCINATION LIST FOR VISITORS PLANNING TO FOREST WALKS OR CAREGIVER FOR A DAY PROGRAM ON NGAMBA ISLAND**

The following vaccinations and health checks are mandatory and MUST be accompanied by supporting documentation to be shown to sanctuary management before proceeding to the island.

Minimum age for these activities is 18 years and maximum age 65 years, this is also dependant on size and fitness level of the person. Management of CSWCT will assess all clients prior to departing for the island. If managers are concerned, you may be refused entry with the chimpanzees

Vaccinations and tests required - We have stated what we believe to be the validity of most vaccines, after which time your doctor/health clinic should be able to recommend further vaccinations and/or booster shots.

While we realise that this is more than what is recommended for travel to Africa, these are necessary in order to have close contact with the chimps on Ngamba Island during the forest walk or caregiver for a day program. This is to protect them from diseases that you may bring to the island. All of the chimpanzees receive yearly healthchecks and have been tested/vaccinated for the above and have also tested negative to the HIV virus.

- (1) Hepatitis A (valid 20 years)
- (2) Hepatitis B (valid 5 years)
- (3) Measles vaccination (We will need to see medical proof of your immunity to measles, through either a recent vaccination or a blood test titer result, stating your immunity to measles. Unfortunately even if you have had the disease or a vaccine as a child we will need to see a blood test result, again stating/showing your immunity to measles. Physicians are now debating whether the measles vaccine you had as a child still has a lifetime immunity. You can also receive the vaccine as an adult which often comes in the form of MMR (mumps, measles and rubella). Consult with your doctor for further advice. Please note that you MUST have supporting documentation to prove your immunity to measles.)
- (4) Meningococcal meningitis (menomune vaccine - covers A, C, W & Y strains) (valid 3 years)
- (5) Polio vaccination (valid 10 years)
- (6) Tetanus vaccination (valid 10 years)
- (7) Yellow fever (valid 10 years)
- (8) Tuberculosis (TB) test - negative result - this test can be done through your doctor or laboratory. It usually takes three days. They do a skin reaction test (sometimes called a mantoux test) on the first day and you return 72 hours later to have the reaction read. If the reaction is of concern, your doctor/laboratory may recommend a chest x-ray/sputum test or other.  
If you have had the BCG vaccination as a child, your test could result in a positive reading. In which case, because we still require proof that you do not have TB, we will require you to have a chest x-ray and we will need to see the (paper) result, clearly stating that you do not have TB.

Also mandatory is the reading of the "CSWCT protocols" document which explains in detail about these special activities on Ngamba Island is essential to the visitor to understanding the background of the Sanctuary and its aims and objectives and what is involved in an overnight visit and forest walk. Please ensure you request a copy from your tour / booking agent before traveling to the island.

**To assist you with the process of obtaining all the correct vaccination details please utilize the form below:-**



**Chimpanzee Sanctuary & Wildlife Conservation Trust**  
**Checklist For Vaccines/Medical Tests**  
**FOR FOREST WALK and CAREGIVER FOR A DAY**  
**PROGRAMS ON NGAMBA ISLAND**

Name of Patient: \_\_\_\_\_

Name of Medical Practice: \_\_\_\_\_

Name of Attending Doctor (Printed): \_\_\_\_\_

Signature and Stamp of Attending Doctor: \_\_\_\_\_

Vaccine/Test	Type of Vaccine or Test Given	Date of First vaccination/test	Date of Second Vaccination	Date of Third Vaccination	Signature of Doctors
Hepatitis A (20 years)					
Hepatitis B (5 years)					
Measles (MMR) (10 – 15 years)					
Meningococcal meningitis (ACWY strains) (3 years)					
Polio (10 years)					
Tetanus (10 years)					
Yellow Fever (10 years)					

***TB test***

Date	Type of Test	Results

**Comments:**

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**Please note:** The years stated next to the type of vaccination is how long it is valid for according to medical sources. Having a disease as a child (like measles) no longer guarantees your immunity for life.